

OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH

NEWPORT NEWS, VA

We find Christ here. We bring Christ to the world.



100 Harpersville Road, Newport News, VA 23601

Phone: 757-595-0385 - www.olmc.org

Parish Office Hours: Monday - Thursday: 9 am - 5 pm; Friday: 9 am - 3 pm

Outreach Office Phone: 757-596-1727

Outreach Office Hours: M,W,Th: 12 noon - 2 pm;
T, F: 9 am - 11 am

Pregnancy Helpline: 757-870-3131

Pharmacy Outreach: ext. 125

Connect With Us

Parish Website www.olmc.org

Facebook www.facebook.com/olmcdnva

Parish Email ~ Flocknote Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

Text [mountcarmel](https://www.10text.com/84576) to 84576 and follow the link sent to subscribe.

January 29, 2023 ~ Fourth Sunday in Ordinary Time

Mass and Sacrament of Reconciliation

Saturday: 3:00 pm Confessions; 5:00 pm Mass

Sunday: 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

Weekdays:

Monday - 5:30 pm Mass

Tuesday - 9 am Mass


Wednesday - 5:00 pm Adoration and Confessions, 6:30 pm Mass

Thursday - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)

Friday - 7 am Mass

** Scheduled Mass times unless indicated on the Mass Intentions Calendar*



Mass Intentions

<u>Saturday, January 28, 2023</u>	
5:00 – +Norma Dabon	The Almirante Family
<u>Sunday, January 29, 2023</u>	
8:00 – +Marilyn Beck	Joe & Ian Beck
10:00 – +Louis Luth	Cathy Luth
2:00 – The People of the Parish	
5:00 – +Stanley Kubelka	Mary Graham
Mon – (5:30pm) Int’s of the Sisters of OLMC School	The Paris Family
Tues – (9am) +Donna Gauthier	Kathleen Rapp
Wed – (6:30pm) +Beatrice Cecilia Wooldridge	St Monica Guild
Thur – (8:05am) Int’s of Sr Anna Joseph	The Weischedel Family
(6:30pm) +Rosemary Wainer	Dave & Eileen Mazary
Fri – (7am) +Jan Blomstrom	Bill & Christa Blomstrom
<u>Saturday, February 4, 2023</u>	
5:00 – +Doug Foust	Maureen Foust
<u>Sunday, February 5, 2023</u>	
8:00 – +Cathy Hoffmaster	St Elizabeth Guild
10:00 – +Warren Balish	Jack & Ann Svelan
2:00 – The People of the Parish	
5:00 – +Tommy & Bettye Garneau	Lisa & Gayn Borland

<u>Contact Us</u>	
Pastor	
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Parochial Vicar	
Rev. Saúl Anleu	frsaul@olmc.org 111
Priest in Residence	
Rev. Peter T. Tran	frpeter@olmc.org 101
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Deacon Anton Siochi	deaconanton@olmc.org 129
Deacon Francisco Anleu	fanleu@olmc.org 123
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Cristy Barton	cbarton@olmc.org 131
Baptism & Children’s Faith Formation	
Elizabeth Kassel	ekassel@olmc.org 104
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Kim Taylor	ktaylor@olmc.org 118
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CNU Campus Ministry	
Cate Harmeyer	ccm@cnu.edu

Our Lady of Mount Carmel School
757-596-2754

School Office Hours: M - F, 7:30 am - 3:30 pm
Principal: Sr. Anna Joseph, O.P.

Weekly Collections

Offertory January 14 & 15

\$21,219 (E-Giving \$9082, Sunday \$12137)

Offertory January 21 & 22

\$24,516 (E-Giving \$13379, Sunday \$11137)

We are thankful for your consistent stewardship. ©SPCC

FEBRUARY 1, 2023

VIRGINIA
MARCH FOR LIFE

Parish offices will be closed on Wednesday, February 1st as Father Dan, the parish staff, and parishioners will be traveling to Richmond to defend life.

Initiation Programs and Adult Formation

Have you been away from the active practice of your Catholic faith?

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God’s mercy, the Mass, and the Church.



The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. **Open House will be on January 31st** in Saint Michael hall. We can assist **your return to the active practice of your faith and welcome you back to the Lord’s Table.**

Schedule a quick meeting with Cristy Barton at ext. 131 or cbarton@olmc.org for more information.

Adult Confirmation

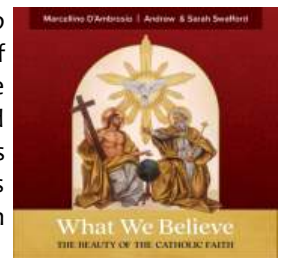
Are you an active practicing Catholic adult who “missed” participating in the Sacrament of Confirmation? We invite you to enter the process of preparation at the parish.

New sessions will begin on April 18th, please contact Cristy at ext. 131 or cbarton@olmc.org for more information.



Women’s Bible Study

What We Believe: The Beauty of the Catholic Faith- *Written and presented by Marcellino D’Ambrosio and Andrew and Sarah Swafford.* Come and join us in this **new** study of the Beauty of the Catholic Faith. Discover who we are, what we believe and how we are called to live as Catholic Christians. In its entirety, the Catholic Church, founded by Christ himself, guides us to the heart of God through “the unfathomable riches of Christ” (Eph 3:8) in the company of a family that Jesus called the Church. Join us in this pilgrimage study. You can still sign up, Women’s Bible study meet on Thursdays at 9 am.



Materials can be ordered on Ascencionpress.com. Registrations for **NEW** participants can be found by scanning the QR code. **Contact Cristy at ext, 131 or cbarton@olmc.org if you need help registering or have questions.**



Walking With Purpose ~ Enabling Women to know Christ through Scripture

Opening Your Heart takes place on **Wednesdays at 7pm** at Saint Michael Hall (room A) all women of the parish are welcome to join.

Touching the Divine is the next study **if you have already done Opening your Heart.** This study also takes place on **Wednesdays, at 7pm** at Saint Michael Hall (room C).

Register online at olmc.org, **contact Cristy at ext. 131 or cbarton@olmc.org for more information.**



Men’s Ministry

Saturday Mornings, 7am - 8:30am at Saint Michael Hall

Meetings resume on January 28th

Register at tinyurl.com/TMiYolmc, call the Parish Office at 757-595-0385, or use the QR code



Pastoral Care

Please
join us!

Father Dan Beeman and the Parish Staff of
Our Lady of Mount Carmel Church
Cordially invite you to attend

Holy Mass and the Senior Appreciation Breakfast

Tuesday, February 21, 2023

9:00 am ~ Holy Mass at Our Lady of Mount Carmel Church

10:00 am ~ Breakfast to follow at Saint Michael Hall

Faith ~ Fellowship ~ Food on Fat Tuesday!



For all seniors (65+), with gratitude for your service and dedication to the parish.

Kindly make your reservation by Monday, February 13. There is no charge for breakfast.

RSVP: Call 757-595-0385 ext. 107 or email cblomstrom@olmc.org



Respite Ministry

Are you a caregiver who is seeking some respite time for yourself? The Respite Ministry provides parishioners who are full time caretakers of a home-bound loved one, a break of a few hours' time to use as he or she sees fit. During that time, a trained parish Respite Minister will provide safety, supervision, and companionship to the homebound family member.

Contact Christa at ext. 107 or cblomstrom@olmc.org for more information.

Visiting the Sick and Homebound

Extraordinary Ministers of Holy Communion for the Sick are lay ministers sent by the parish to bring the Word of God and the Holy Eucharist to parishioners who are confined to their homes, to hospitals, or senior living communities.

You are invited to prayerfully consider if God is calling you to serve in this way. Serving as an Extraordinary Minister of Holy Communion for the Sick is both an honor and a responsibility, and those who commit deserve proper training. If you feel called to be a bridge of faith and bring Jesus into the lives of others, **contact Christa Blomstrom at the parish office to inquire about a training session.**

"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."
-Matthew 11:28-30



Circle of Hope ~ Saturday, February 4th at 10:30am

HOW BEST CAN WE PRAY FOR YOU?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness?

Come join a **Catholic faith-based, spiritually uplifting group of OLMC men and women** who gather on the first Saturday of every month for fellowship, prayer and support. We learn how Jesus, Our Blessed Mother Mary, and our Saints all give us a perfect example of how to persevere during difficult times.

You're invited to **come fellowship with us over refreshments** at our next meeting on **SATURDAY, FEBRUARY 4 at 10:30am** in Saint Michael Hall. We look forward to meeting you! **Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.**

Nourish for Caregivers ~ Wednesday, February 1st at 6:30pm

Nourish is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

This month's topic:

The Thing About Compassion: Setting Intentions to Care for Another AND Oneself

In the changes and challenges of caring for another, we can sometimes lose sight of the need to care for oneself. Together we will explore ways to care for others as well as ourselves, and in the process embrace the blessings and graces of caregiving. Be Nourished. www.nourishforcaregivers.com



Contact Christa at 757-595-0385 x107 or cblomstrom@olmc.org for more information.

Social Ministry

I urge you therefore, brothers, by the mercies of God, to offer your bodies as a living sacrifice, holy and pleasing to God, your spiritual worship. Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect. Rom 12:1-2.

Respect for human life begins with us: with our attitudes and our actions. It begins with chastity. Participating with God in the creation of a new human being is an extraordinary privilege that comes with extraordinary responsibilities. In that creative act, God has entrusted to your care a person for whom Christ was incarnate, killed and raised. That responsibility, with its eternal consequences, is yours whether the pregnancy was intended or not. As we cannot know with certainty whether life will be created, we must always be willing to accept the possible consequences of our actions.

Best response to an unexpected pregnancy: “[May it be done unto me according to thy word.](#)” Lk 1:38.

Chastity gets a bad rap in our culture, insisting it is an unnatural denial of our healthy human needs. It is not. It is a virtue that is essential for us to be able to love in a healthy and holy way. When we surrender our sexual passions to the will and design of God, we are drawn to the heights of human love and the ability to live and express that love in a holy way. Chastity begins with self-control and ends with God living in and transforming our human nature into an instrument of His love of others.

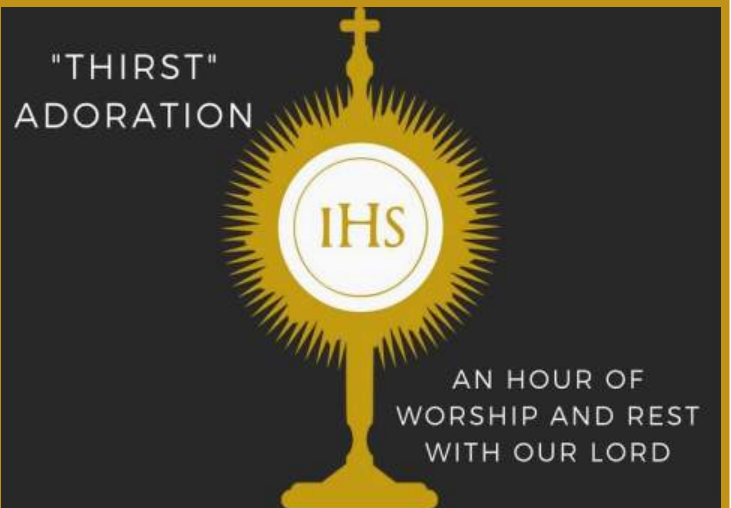
Virginia Defense of Life Rally: Bus leaves SMH at 10 am on February 1. Please sign up.

Pantry Needs: pasta shapes, tuna and chicken helper, canned chicken, spam, Vienna sausages, soap, deodorant and paper towels.

Volunteers needed: There are 3 different positions in our financial outreach ministry: interviewer, phone (in charge of scheduling appointment and communicating with clients) and door (welcomes clients, controls access to the building and communicates with utility companies.) We particularly need bi-lingual interviewers so that we can more fully serve our neighbors.

Contact: Kim Taylor
ktaylor@olmc.org or 757-595-0385 ext. 118

Liturgy



Thirst: Adoration & Praise will take place on Thursday, February 9th from 7:30 pm ~ 8:30 pm in the Church.

CHILDREN'S HOLY HOUR



"Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these."
- Matthew 19:14

Thursdays from
2:00 - 3:00 PM
in the OLMC
Church Blessed
Sacrament
Chapel.

Ministerio Hispano

Director - **Díacono Francisco Anleu:**
Oficina - (757) 595-0385 Ext. 123
Email - fanleu@olmc.org

Misas en Español:
Domingos 2:00 PM, Jueves 6:30 PM

Confesiones:
Sábados, 3 PM, Miércoles, 5 PM,
Jueves 5:30 PM en Español solamente

Bautizos: Para más información sobre bautizos, primeras comuniones, guardería o educación de la fé, por favor contacte a la Señorita Elizabeth Kassel a la ext. 104 o envíe un correo electrónico ekassel@olmc.org.

Para niños **no bautizados** mayores de 7 años que necesitan el sacramento de bautizo, primera comunión por favor contacten a la Señora Cristy Barton a la oficina parroquial o cbarton@olmc.org para información para el RICA para niños.

Community



“God chose the foolish of the world to shame the wise, and God chose the weak of the world to shame the strong.” God doesn’t call the qualified, He qualifies the called. Could He be calling you?

Call Father Brian Capuano 804-359-5661 or e-mail: vocations@richmonddiocese.org.

Ladies of Carmel Bake Sale

Stop by the Commons after all Masses, **February 11th & 12th** to purchase delicious baked goods for your **Super Bowl party** or **Valentines Day!**

All items will be sold for a donation. The proceeds directly benefit our OLMC Community.



 American Red Cross
BLOOD DRIVE

Wednesday, March 1, 2023
Saint Michael Hall
11 am ~ 4 pm

To schedule an appointment, visit redcrossblood.org and enter OurLady.



Meals on Wheels is looking for volunteers to help with meal delivery during the week (Monday through Friday). Delivery takes about two hours a day.

If you are interested, please call 757-246-1903 or 757-246-1905.

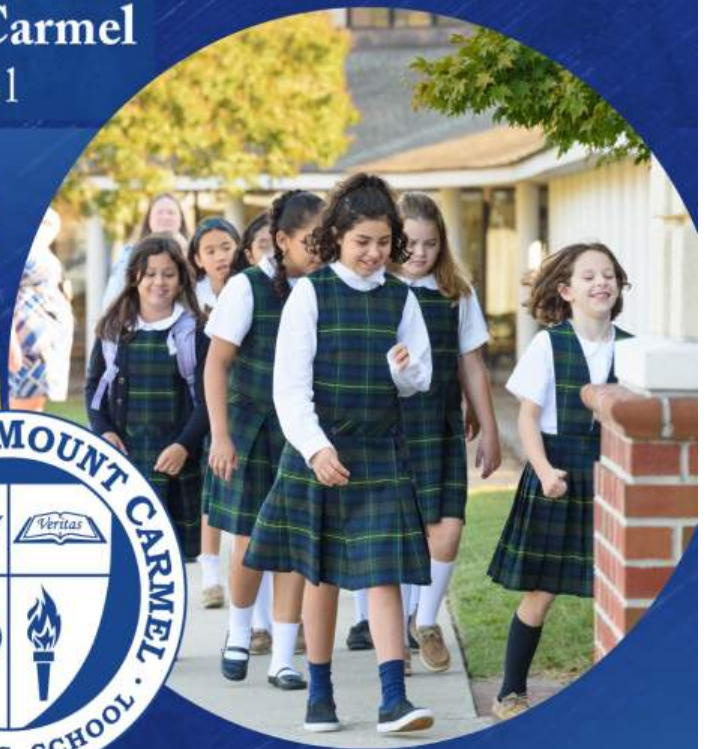
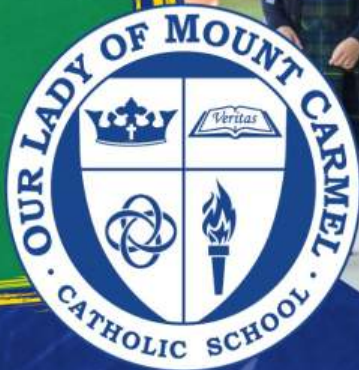
To All Women of the Parish

Please join the Ladies of Carmel at the kitchen in the Commons for a few minutes **after all Masses** the weekend of **February 4 and 5** for cookies, coffee and tea before you head home!! No obligation! Just an opportunity to meet the ladies and find out what we do.

Our Lady of Mount Carmel Catholic School

CELEBRATING CATHOLIC SCHOOL WEEK !

Our Lady of Mount Carmel School stands firm upon the pillars of prayer, study, community, and service. As a school in the Catholic Diocese of Richmond, Our Lady of Mount Carmel students are educated in faith and knowledge according to the Consensus Curriculum in the core subjects: Religion, Math, Grammar, Literature, History, Science, and Foreign Language.



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