

01 December 2024

First Sunday of Advent

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH



NEWPORT NEWS, VA

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## **Connect With Us**

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**Parish Email ~ Flocknote**

Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

**Text** [mountcarmel](tel:757-84576) to 84576 and follow the link sent to subscribe.

## **Parish Office Hours:**

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

**Outreach Office Phone:** 757-596-1727

## **Outreach Office Hours:**

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

**Pregnancy Helpline:** 757-870-3131

## Mass and Sacrament of Reconciliation

**Saturday:** 3:00 pm Confessions; 5:00 pm Mass

**Sunday:** 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

**Weekdays:**

**Monday** - 5:30 pm Mass

**Tuesday** - 9 am Mass

**Wednesday** - 5:00 pm Adoration and Confessions, 6:30 pm Mass

**Thursday** - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,  
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

*Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)*

**Friday** - 7 am Mass

*\* Scheduled Mass times unless indicated on the Mass Intentions Calendar*



**Saturday, November 30, 2024**

5:00 – +Vicky Shelton Chris & Mike Shelton

**Sunday, December 1, 2024**

8:00 – +Jerry Dougherty The Dougherty Family  
10:00 – +Judy Dietz Fischer Sharon & Dennis George

12 CNU – **No Mass**

2:00 – + Gloria Romero Carmen Romero  
5:00 – +Andrew & Ona Garneau The Outreach Family

Mon – (5:30pm) +Don Smith Jack & Ann Svelan

Tues – (9am) +Sandy Smith Julia Cates

Wed – (6:30pm) Int’s of Sr Sharon Rose The Weischedel Family

Thur – (8:05am) +Ann Creech The Wilcox Family

(6:30pm) +James Elmer Elliott Jim Buckman

Fri – (7am) +Linda Ellis St Elizabeth Guild

**Saturday, December 7, 2024**

5:00 – +Marjorie Garrison Family

**Sunday, December 8, 2024**

8:00 – +Robert & Dorothy Boughamer Michale Weaver  
10:00 – +Mary Dietz Sharon & Dennis George

12 CNU – The People of the Parish

2:00 – + Salvador Guerra Gomez Rosalia Mendez

5:00 – +Frances Teresa Lowry Linda & Robb Schrock

### Contact Us

**Pastor**

**Rev. Dan Beeman** frdbeeman@olmc.org 112

**Parochial Vicar**

**Rev. Saúl Anleu** frsaul@olmc.org 111

**Priest in Residence**

**Rev. Peter T. Tran** frpeter@olmc.org 101

**Deacons**

**Deacon Anton Siochi** deaconanton@olmc.org 129

**Deacon Francisco Anleu** fanleu@olmc.org 123

**Adult Faith Formation**

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**Baptism & Children’s Faith Formation**

Elizabeth Kassel ekassel@olmc.org 104

**Hispanic Ministry**

Deacon Francisco Anleu fanleu@olmc.org 123

**Liturgy & Worship**

Heber Dunkle hdunkle@olmc.org 121

**Pastoral Care**

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**Sacred Music**

Johanna Smith jsmith@olmc.org 117

**Social Ministry**

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**Youth & Young Adult Ministry**

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**Facilities**

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**Office Manager**

Eileen Mazary emazary@olmc.org 116

**CNU Campus Ministry**

Chris Roy ccm@cnu.edu

**OLMC School Principal**

Sr. Anna Joseph, O.P. sajoseph@olmc-school.com 135

### **Poinsettia Donations**

This Christmas Season, remember your loved ones by sponsoring a poinsettia used to decorate our Church. Please bring your check or cash donation of \$15 to the Parish Office along with a note telling us who the plant is in memory of.

If you wish to place your donation in the offertory or mail it, please mark the envelope “Attn: Eileen” and be sure to include the name(s) in the envelope.

***Donations must be received by  
Wednesday, December 18<sup>th</sup>.***





# HOLY DAY OF OBLIGATION The Immaculate Conception of the Blessed Virgin Mary

DECEMBER 9, 2024

9 am Mass

School Mass, open to everyone

6:30 pm Mass

8 pm Mass (en Español)

## Initiation Programs for Adults



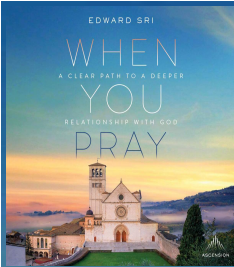
*Are you or anyone you know interested in exploring  
the Catholic Church as your church home?*

*Have you been sitting in the pew next to your Catholic spouse for years  
wondering what you have to do to become Catholic?*

If so, join us for a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

Contact Lisa Wienhoff at [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org) for more information.

## Adult Faith Formation



*When You Pray: A Clear Path to a Deeper Relationship with God*

Saint Michael Hall, Wednesdays 7- 8:30pm

*All are welcome, join in at any time!*

Inspired by the real example of the saints, we will learn how to pray with the same consistency, trust, peace, and passion that led to deep transformation in their souls. *When You Pray: A Clear Path to a Deeper Relationship with God* will help you begin your journey of prayer, rejuvenate your prayer life, and strengthen your relationship with God so that you can give God your entire heart.

For more information contact Lisa Wienhoff at 757-595-0385 x131 or [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org)



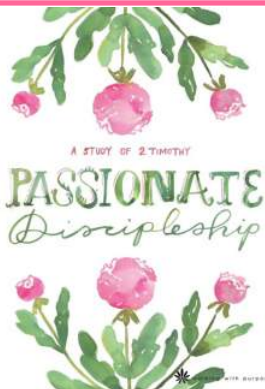
**That Man is You (TMIY)** honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

Saturday Mornings, 7am - 8:30am

Saint Michael Hall

**ALL MEN OF THE PARISH ARE WELCOME!**

Register online at [olmc.org](http://olmc.org). Contact Lisa Wienhoff at 757-595-0385 ext. 131 or [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org) for more information.



**Walking with Purpose (WWP)** is a parish-based Bible study program for adult women, it incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material. The new fall study, **Passionate Discipleship, Saint Michael Hall on Wednesday's**, following Mass, **register online at [olmc.org](http://olmc.org).**



Walking with Purpose

*All women of the parish are welcome, join in at any time!*

Passionate Discipleship journeys through 2 Timothy verse by verse. Come learn how to live as disciples of Christ, living with Him as the center of our lives and entrusting this message to others who can pass it on as well.

## Pastoral Care



**Nourish for Caregivers**  
**Wednesday, December 4 at 5:30pm**

**NEXT TOPIC: One Is Enough! Learning to Live One Day at a Time**

**Nourish for Caregivers** is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging or ill parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides practical supports and shared experiences all with a Christ-centered view.

Caregivers are caring people who naturally worry about the care they provide and the problems that arise. What's important to remember is that tomorrow will take care of itself! Trust that God will supply you with whatever you need.

**Contact Christa at the parish office to inquire.**

**SPRED - Meets on Saturday, December 7**  
**December Family Gathering**

**SPRED** prepares persons with intellectual disabilities to fully belong in the liturgical life of the parish. Within this small faith community, we hear the Word of God, reflect upon our life experiences, offer prayers for one another, and enjoy a simple sharing of food together.

“The giver of every good and perfect gift has called upon us to mimic God’s giving, by grace, through faith, and this is not of ourselves.” ~Saint Nicholas



**Circle of Hope**  
**Saturday, December 14 at 10:30am**

We are a faith-based, spiritually uplifting group of men and women who gather on the first Saturday of every month for fellowship, prayer and support.

Are you going through or have gone through a health diagnosis or chronic condition?

Are you looking for support and encouragement from other Catholics who are experiencing something similar?

**Newcomers are always welcome!**

**Contact Christa at the parish office to inquire.**





Transformed by *The Eucharist...*  
Reaching Out into community



**PANTRY NEEDS:**  
cereal  
jelly  
1 pound bags of rice

**PERSONAL NEEDS:**  
toilet paper

**PREGNANCY NEEDS:**  
size 4, 5 and 6 diapers and wipes

## The Weary World Rejoices

As we wait in joyful Hope for the Coming of Our Savior, Jesus Christ.

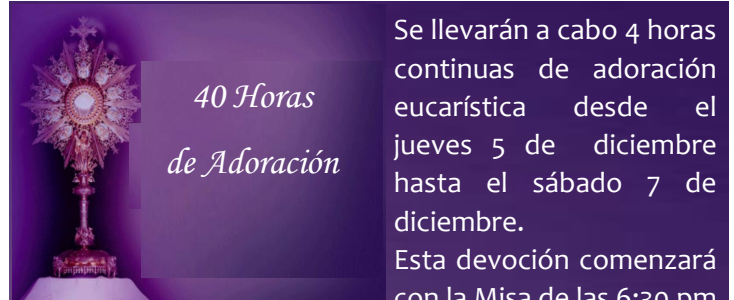
At this time of year, many groups seek opportunities to serve our community. The desire to love and serve are the spiritual fruits of contemplating God's love and blessings for us. How wondrous is Jesus' sacrifice and gift to us in the Incarnation! He willingly ceded His divine privileges to become a poor human infant, and subject himself to life's travails and death's sting.

You have been so generous in your gifts to the homeless — proving items to fill their lunch bags and volunteering to serve at PORT. You have been so generous to the poor and vulnerable in our community by filling Thanksgiving bags with food, personal products and cleaning supplies. There are more opportunities to come: taking Angel tags and buying a gift for a child less fortunate than many, and filling Christmas food bags.

But the truest gift we can give to our neighbors is our fervent prayer for them. Please take time this Advent to pray for the poor and our entire community. The generosity of time in prayer will likely be the source of the greatest blessing to them. Perhaps offer an hour of Adoration for their intentions and needs.

For more information contact Kim Taylor at  
757-595-0385 ext. 118 or ktaylor@olmc.org

Director - Diácono Francisco Anleu  
Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org  
Misas en Español: Domingos 2:00 PM, Jueves 6:30 PM  
Confesiones: Sábados, 3 PM, Miércoles, 5 PM,  
Jueves 5:30 PM en Español solamente



Se llevarán a cabo 4 horas continuas de adoración eucarística desde el jueves 5 de diciembre hasta el sábado 7 de diciembre.

Esta devoción comenzará con la Misa de las 6:30 pm

el jueves 5 de diciembre, seguida de "Thirst" de 7:30 pm a 9pm. La adoración continuará en silencio a partir de las 9pm hasta la noche. El viernes 6 de diciembre, se ofrecerá la Santa Misa a las 7am, seguida del Santo Rosario y luego la adoración en silencio hasta la media tarde. De 2:00 p. m. a 3pm, el personal docente y los estudiantes de la Escuela OLMC tendrán un período de alabanza y adoración, y luego se reanudará la adoración silenciosa y continuará durante la tarde, la noche. Las 40 horas concluirán con la Santa Misa el sábado 7 de diciembre a las 10am.

Se necesitan dos adoradores comprometidos para cada hora.

Inscríbase en el nártex o envíe un correo electrónico a adoration@olmc.org.

*Damas del Carmen*  
**Paseo de las Galletas Navideñas**

**Sábado, 14 de diciembre 1-4:30 PM**  
**en el Salón de San Miguel**  
para

**Feligreses y amigos de la Iglesia y la Escuela de OLMC**  
*Con una variedad de galletas tradicionales americanas e internacionales.*

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**También:** **Envoltura de regalos**   
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y  
**Regalos personales de Navidad**

con una donación de artículos de tocador, atún enlatado o pollo enlatado para el Ministerio de Caridad Pastoral de OLMC.



## Advent 40 Hours of Adoration

40 continuous hours of Eucharistic adoration will take place from Thursday, December 5, through Saturday, December 7. This devotion will begin with the 6:30pm Mass on Thursday, December 5, followed by Thirst from 7:30-9pm. Adoration will continue in silence from 9pm through the overnight hours. On Friday, December 6, Holy Mass will be offered at 7am, followed by the Holy Rosary, and then adoration in silence through midafternoon. From 2-3pm, the OLMC School faculty and students will have a period of praise and worship and then silent adoration will resume and continue through the afternoon, evening, and overnight. The 40 hours will conclude with Holy Mass on Saturday, December 7 at 10 am.

Two committed adorers are needed for each hour, sign up in the narthex or email [adoration@olmc.org](mailto:adoration@olmc.org).

## Ladies of Carmel Christmas Cookie Walk

Saturday, December 14<sup>th</sup> 1-4:30 PM

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# #iGIVECATHOLIC

OLMC will be participating in #iGiveCatholic on Tuesday, December 3rd, from 12:00 AM - 11:59 PM.

**Advanced Giving is open now!** Visit our iGiveCatholic page anytime from now until Tuesday, December 3rd, at 11:59 PM.

Check or cash donations can be made through the school front office.

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"Commit your work to the Lord, and your plans will be established." - Proverbs 16:3

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