

19 January 2025

Second Sunday in Ordinary Time

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH



NEWPORT NEWS, VA

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Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

**Text** [mountcarmel](tel:84576) to 84576 and follow the link sent to subscribe.

## **Parish Office Hours:**

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

**Outreach Office Phone:** 757-596-1727

## **Outreach Office Hours:**

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

**Pregnancy Helpline:** 757-870-3131



## Initiation Programs for Adults



### *Adult Confirmation* (adults 18+)

STILL NOT CONFIRMED?

THIS CLASS IS FOR YOU!

*Classes have begun, contact Lisa for more information*

lwienhoff@olmc.org or 757-595-0385 ext 131

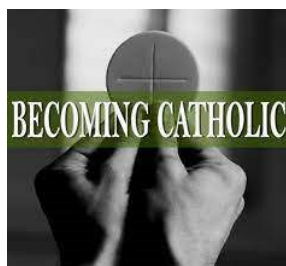
### **Have you been away from the active practice of your Catholic faith?**

Would you like to feel more connected with your childhood faith or learn more about it as an adult? Consider attending the Awakening Faith Series.

Awakening Faith – Reconnecting with Your Catholic Faith is a small group process that helps inactive Catholics return to the Church. The group meets once a week for six weeks of conversation and socializing. The conversations are based on short, easy to read essays about spirituality, Jesus, the Holy Spirit, God's mercy, the Mass, and the Church.

The meetings foster reflection, prayer, and honest sharing in a setting of hospitality and acceptance. A small community is formed and over the six weeks becomes a bridge to the larger Church community. We can assist your return to the active practice of your faith and welcome you back to the Lord's Table.

Contact Lisa Wienhoff at 757-595-0385 ext 131 or email her at lwienhoff@olmc.org for more information.



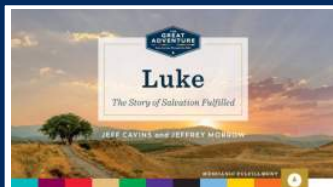
*Are you or anyone you know interested in exploring the Catholic Church as your church home?*

*Have you been sitting in the pew next to your Catholic spouse for years wondering what you have to do to become Catholic?*

If so, join us for a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

Contact Lisa Wienhoff at lwienhoff@olmc.org for more information.

## Adult Faith Formation



**New Adult Faith Study ~ All adults of the parish are welcome!**

**Luke: The Story of Salvation Fulfilled**

**Begins January 29th**

Wednesdays, 7-8:30pm (after 6:30 Mass), Saint Michael Hall

In this 8-part study, Jeff Cavins and Dr. Jeffrey Morrow will show you the beautiful Biblical roots for Mary, the Rosary, and the Mass that are found in Luke, strengthening your prayer life like never before. Study guides can be purchased online at Ascension Press.

Register online at [olmc.org](http://olmc.org)

Contact Lisa for more information, lwienhoff@olmc.org or (757)595-0385 ext 131.



**That Man is You (TMIY)** honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive! **New session starting on January 25th!**

**Saturday Mornings, 7am - 8:30am, Saint Michael Hall, ALL MEN OF THE PARISH ARE WELCOME!**

Register online at [olmc.org](http://olmc.org). Contact Lisa Wienhoff at 757-595-0385 ext. 131 or lwienhoff@olmc.org for more information.



Walking with Purpose

**Walking with Purpose (WWP)** is a parish-based Bible study program for adult women, it incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material. The new study, **Rooted and Radiant**, will begin on January 15th at **Saint Michael Hall** on **Wednesday's**, following Mass, **register online at [olmc.org](http://olmc.org)**.

*All women of the parish are welcome!*

For more info contact Lisa Wienhoff at 757-595-0385 ext. 131 or lwienhoff@olmc.org

## Pastoral Care



### The Funeral Hospitality Ministry

The funeral hospitality ministry provides food and refreshments for families and friends following the funeral of a loved one. We are in need of folks who are willing to serve and/or provide finger foods for the receptions that are held in the Narthex.

The funeral hospitality ministry takes little time but provides much consolation to families.

If you are available to help, please contact Christa at the parish office or email her at [cblomstrom@gmail.com](mailto:cblomstrom@gmail.com).

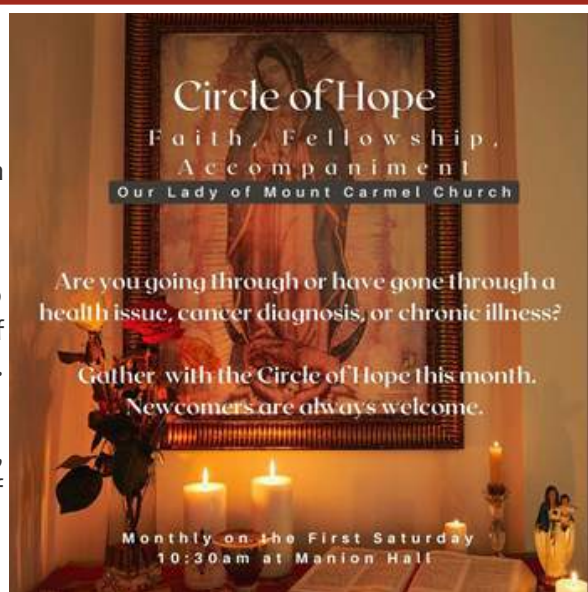
### Circle of Hope ~ Saturday, February 1 at 10:30am

#### How can we pray for you?

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness?

Come join a Catholic faith-based, spiritually uplifting group of men and women who gather on the first Saturday of every month for fellowship, prayer and support. **Newcomers are always welcome.**

We place our trust in Jesus and Our Blessed Mother, Mary, and look to the Saints who give us a perfect example of how to persevere during difficult times.



### Nourish for Caregivers ~ Wednesday, February 5 at 5:30pm

#### **NEXT TOPIC: End of Life – Planning For and Making Decisions**

**Nourish for Caregivers** is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging or ill parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

Caregivers are caring people who naturally worry about the care they provide and the problems that arise. What's important to remember is that tomorrow will take care of itself. Trust that God will supply you with whatever you need.



## Social Ministry

Transformed by *The Eucharist...*  
Reaching Out into community

### PANTRY NEEDS:

spaghetti sauce  
noodles  
macaroni & cheese  
jelly

### PERSONAL NEEDS:

toothpaste

### PREGNANCY NEEDS:

receiving blankets  
bibs  
sleep sacks (0-3 months)

### Office of Social Ministries

The Office of Social Ministries for OLMC is has been operating and serving those most poor and vulnerable in the city of Newport News for 30+ years. Other agencies and Churches doing this work throughout the city have stressed their overwhelming appreciation for the work that you at OLMC have done and are doing. Please help our volunteers continue this great history of service by stepping in where you are able. Donations to Parish Charities (Poor Fund) aid our financial ability to serve.

### OUTREACH OFFICE

The Outreach Office receives those in need of assistance into our office 2 hours each day during the week. We could use extra support interviewing, answering the phone or packing food in the pantry. If you have time & aren't sure if this is for you, please schedule a time to check us out. You do not need to have any prior training as the office is training ground enough. To volunteer contact Kim Taylor at 757-595-0385 ext. 118 or [ktaylor@olmc.org](mailto:ktaylor@olmc.org)

### Pregnancy Outreach Office

The Pregnancy Outreach Office serves those women in need with items for themselves or their children—up to 2 years. We could use support folding/bundling clothes, meeting with women, packing up needed items, etc. To volunteer contact Kim Taylor at 757-595-0385 ext. 118 or [ktaylor@olmc.org](mailto:ktaylor@olmc.org)

### FOOD PANTRY

The OLMC food pantry is stocked 100% by the parishioners who go to Mass with us. Please bring one item to Mass with you each weekend. Each family giving one item from our list will be more than enough food weekly. We cannot do it without you. To volunteer contact Kim Taylor at 757-595-0385 ext. 118 or [ktaylor@olmc.org](mailto:ktaylor@olmc.org)



### Bunco Party & Silent Auction!

Let's get together and join your fellow parishioners for a night of fun and excitement at the Bunco Party & Silent Auction on **Saturday, February 1**, in Saint Michael Hall. Doors open at 6:15 p.m. for our Silent Auction, accompanied by complimentary hors d'oeuvres, wine, and beer. The guilds of the Ladies of Carmel are donating themed gift baskets and other wonderful items to the auction.

Bunco begins at 7:30. **Never played Bunco before? Fear not!** It's really easy, and our resident Bunco expert, Susan Adams, will teach us all how to play! Cash prizes will be awarded in several categories of winners (and even losers)! We will also have a 50/50 raffle that evening.

**Tickets are \$25/person** and are available in the Parish Office during the week and in the Narthex NEXT weekend, January 25/26. **Only 80 Tickets will be sold, so get yours soon!**

## Ministerio Hispano

Director - **Diácono Francisco Anleu**

Oficina - (757) 595-0385 Ext. 123, Email - [fanleu@olmc.org](mailto:fanleu@olmc.org)

**Misas en Español:**

Domingos 2:00 PM, Jueves 6:30 PM

**Confesiones:**

Sábados, 3 PM, Miércoles, 5 PM,  
Jueves 5:30 PM en Español solamente



### Bautismo Infantil

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé.

Las clases de bautismo se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas en las siguientes fechas:

8 de Febrero

8 de Marzo

12 de Abril

10 de Mayo

Para obtener más información, comuníquese con la señorita **Elizabeth Kassel** en la oficina parroquial,

**757-595-0385** o envíele un correo electrónico a

**[ekassel@olmc.org](mailto:ekassel@olmc.org)**.

## Liturgy



### Adoration of the Blessed Sacrament

Every Thursday  
9am ~ 6:30pm  
Blessed Sacrament Chapel

#### THIRST: ADORATION & PRAISE

*An hour of worship  
& rest with our Lord*

Thursday, February 6th  
7:30 pm ~ 8:30 pm



## Community

All women of the parish are invited!

4th Annual Women's Retreat  
Beauty ~ How God Sees You

February 21-22, 2025

\$75 (recommended donation)

Saint Clare of Assisi Retreat Center  
620 Buckroe Avenue  
Hampton

#### Details:

Check in Friday 5 ~ 5:45pm  
Friday dinner 6pm  
Saturday breakfast 7:30am  
Lunch 12pm  
Saturday Vigil Mass at Retreat Center 5pm

Sign up: [https://  
saintclareretreatcenter.flocknote.com/signup/194574](https://saintclareretreatcenter.flocknote.com/signup/194574)

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Sunday, January 26, 2025, at 11:15 AM

#### CONTACT

Kathy McKenna at  
[admissions@olmc-school.com](mailto:admissions@olmc-school.com) for  
more information.

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