

16 February 2025

Sixth Sunday in Ordinary Time

# OUR LADY OF MOUNT CARMEL CATHOLIC CHURCH



NEWPORT NEWS, VA

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Subscribe on Parish Website or Select the ministries from which you would like to receive notices.

**Text** [mountcarmel](tel:757-595-0385) to 84576 and follow the link sent to subscribe.

### **Parish Office Hours:**

Monday - Thursday: 9 am - 5 pm

Friday: 9 am - 3 pm

**Outreach Office Phone:** 757-596-1727

### **Outreach Office Hours:**

Monday, Wednesday & Thursday: 12 noon - 2 pm

Tuesday & Friday: 9 am - 11 am

**Pregnancy Helpline:** 757-870-3131

## Mass and Sacrament of Reconciliation

**Saturday:** 3:00 pm Confessions; 5:00 pm Mass

**Sunday:** 8:00 am Mass, 10:00 am Mass, 2:00 pm Mass (en Español), 5:00 pm Mass

**Weekdays:**

**Monday** - 5:30 pm Mass

**Tuesday** - 9 am Mass

**Wednesday** - 5:00 pm Adoration and Confessions, 6:30 pm Mass

**Thursday** - 8:05 am (School Mass), Eucharistic Adoration 9 am ~ 6:30 pm,  
5:30 pm Confesiones (en Español solamente); 6:30 pm Mass (en Español)

*Thirst: Adoration and Praise (Monthly on the first Thursday 7:30 ~ 8:30 unless otherwise posted)*

**Friday** - 7 am Mass

**\* Scheduled Mass times unless indicated on the Mass Intentions Calendar**



### Contact Us

**Pastor**

**Rev. Dan Beeman**                      frdbeeman@olmc.org    112

**Parochial Vicar**

frsaul@olmc.org    111

**Rev. Saúl Anleu**

**Priest in Residence**

**Rev. Peter T. Tran**                      frpeter@olmc.org    101

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**Deacon Francisco Anleu**    fanleu@olmc.org    123

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Chris Roy                      ccm@cnu.edu

**OLMC School Principal**

Sr. Anna Joseph, O.P.    sajoseph@olmc-school.com    135

**Saturday, February 15, 2025**

5:00 – +Robert & Dorothy Boughamer    Michale Weaver

**Sunday, February 16, 2025**

8:00 – +Lori Watkins                      The Watkins Family

10:00 – +Alfred Henry Dunn                      The May Family

12 CNU – The People of the Parish

2:00 – +Juan Marcos                      Fr Saúl

5:00 – +Molly Clarke                      The Grinstead Family

Mon – (5:30pm) **No Mass**

Tues – (9am) +Nancy Curran                      The Taylor Family

Wed – (6:30pm) +Emmalyn Calumba

Thur – (8:05am) +Vicky Shelton                      Chris & Mike Shelton

(6:30pm) Int's of Maria Consuelo Nombrado

Fri – (7am) Int's of Josh McCarty                      The Weischedel Family

**Saturday, February 22, 2025**

5:00 – +Eugene Kromrey and Int's of Joanne Kromrey  
Lisa & Ronald Crowell

**Sunday, February 23, 2025**

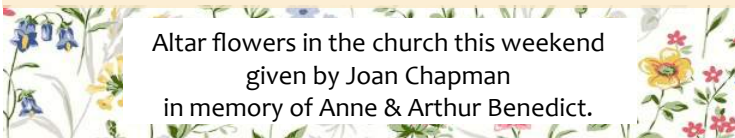
8:00 – +Bao Dinh and Sen Dinh                      Van Dinh

10:00 – +Nancy Curran                      Bonnie Tingle

12 CNU – +Donald Murren                      Pearl Murren

2:00 – The People of the Parish

5:00 – +Jerilyn Mary Tierney                      Michelle Grau



Altar flowers in the church this weekend  
given by Joan Chapman  
in memory of Anne & Arthur Benedict.

**Weekly Collections**

**February 8 & 9**

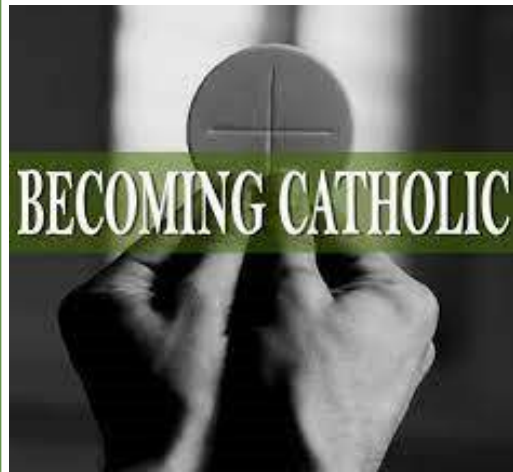
\$37,365 (E-Giving \$24876, Sunday \$12489)

**We are thankful for your generosity!**

**Altar Flowers**

Flowers for the Church may be given as memorials for a loved one or special occasion. To schedule a memorial floral gift, please call Eileen, ext. 116 at least two weeks in advance of the date you wish. The suggested donation to cover the cost is \$100.

## Initiation Programs for Adults



*Are you or anyone you know interested in exploring the Catholic Church as your church home?*

*Have you been sitting in the pew next to your Catholic spouse for years wondering what you have to do to become Catholic?*

If so, join us for a time of prayer, reflection, study, faith sharing, discernment and participation in the life of the parish. This process is for adults and children (age 7-17) who have never been baptized, those who were baptized in another faith tradition, or those who were baptized Catholic and seek full initiation.

Contact Lisa Wienhoff at [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org) for more information.



**Adult Confirmation** (adults 18+)

STILL NOT CONFIRMED?

THIS CLASS IS FOR YOU!

*Classes have begun, contact Lisa for more information*

[lwienhoff@olmc.org](mailto:lwienhoff@olmc.org) or 757-595-0385 ext 131

## Adult Faith Formation

**New Adult Faith Study** ~ All adults of the parish are welcome!

**Metanoia**

Thursdays 1-2pm Saint Michael Hall

Journey With Christ Into Conversion.

Metanoia is beautifully filmed on location in the Holy Land, highlighting sacred places, such as the Sea of Galilee, the River Jordan, the Desert of Temptations, and many other holy sites in Jerusalem.

Each week we explore areas of life where conversion is so often necessary. Along with the message from Fr. Dave, Metanoia shares personal testimonies from men and women of all ages and vocations. Their stories inspire and encourage an encounter with Jesus and the new life He is constantly inviting us to. Join us for the most important journey of life, one of grace, hope, repentance, and transformation: the journey of Metanoia.

Register online at [olmc.org](http://olmc.org)

Contact Lisa for more information, [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org) or (757)595-0385 ext 131.



**That Man is You** (TMIY) honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive!

**Saturday Mornings, 7am - 8:30am**

**Saint Michael Hall**

**ALL MEN OF THE PARISH ARE WELCOME!**

Register online at [olmc.org](http://olmc.org). Contact Lisa Wienhoff at 757-595-0385 ext. 131 or [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org) for more information.



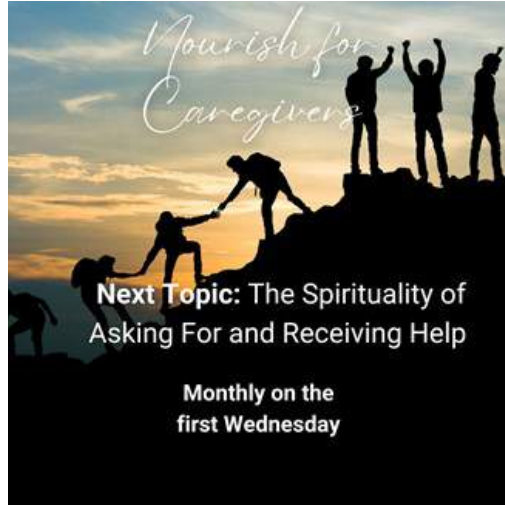
Walking with Purpose

**Walking with Purpose** (WWP) is a parish-based Bible study program for adult women, it incorporates at-home Scripture study, weekly small group discussion, and monthly talks on relevant study material. The new study, **Rooted and Radiant**, will take place in **Saint Michael Hall** on **Wednesday's**, following Mass. Register online at [olmc.org](http://olmc.org).

*All women of the parish are welcome!*

For more info contact Lisa Wienhoff at 757-595-0385 ext. 131 or [lwienhoff@olmc.org](mailto:lwienhoff@olmc.org)

## Pastoral Care



**Nourish for Caregivers** ~ Wednesday, March 5 at 5 pm

**\*Please note, we will meet at 5pm this month only due to Ash Wednesday.**

**NEXT TOPIC: The Spirituality of Asking For and Receiving Help**

**Nourish for Caregivers** is for anyone juggling the challenges of life, health and career while caring for a disabled child, an aging or ill parent, grandparent, or spouse, either in your home, in town or at a distance. Nourish provides family caregivers practical and emotional supports, shared experiences and useful tools, all with a Christ-centered view.

In the chaotic hustle of the day-to-day juggling of work and home life, caregivers often forget that they don't have to do it all. There is help, and hope, available. Asking for and receiving help is equally as important as giving to and helping others.

**Circle of Hope**  
**Saturday, March 1 at 10:30am**

**How can we pray for you?**

Are you going through or have gone through a health issue, cancer diagnosis, or chronic illness?

Come join a Catholic faith-based, spiritually uplifting group of men and women who gather on the first Saturday of every month for fellowship, prayer and support.

**Newcomers are always welcome.**

We place our trust in Jesus and Our Blessed Mother, Mary, and look to the Saints who give us a perfect example of how to persevere during difficult times.



**Seasons of Hope ~ Catholic Grief Support**

**New six week series begins in March .** When you or someone you care about is suffering from the loss of a loved one, the process of grieving is a natural part of healing. Grief, however natural, can be intense and experienced in very individual ways. It is sometimes hard to know, "Is what I'm going through 'normal' or natural?"

Seasons of Hope offers a safe and compassionate environment for adults whose loved one has died. Seasons of Hope, rooted in Catholic tradition, conveys God's consolation through scripture, prayer, reflection and sharing our faith.

**Register at [olmc.org](http://olmc.org) or call the parish office.**



## Social Ministry

Transformed by **The Eucharist...**  
**Reaching Out** into community



### PANTRY NEEDS:

tuna  
powdered milk

### PERSONAL NEEDS:

shampoo  
deodorant

### PREGNANCY NEEDS:

diapers (size 5)  
small baby bottles

## Love in Ordinary Times

When we begin a new year, it is natural to assess the accomplishments over the past year. In Outreach, we can't really do that. The mission we have been given is to foster encounters with Christ - for our clients and ourselves - by extending your help to our poor and vulnerable neighbors. The outcome of those encounters is completely within the Lord's hands. We can, however, review the amount and type of assistance given.

Everyone seeking assistance comes in for an intake interview by one of our volunteers. During the half-hour interview, we listen to what is going on in their lives, take some basic financial information, and counsel them about other available resources. Some clients seeking financial assistance also get food from the pantry. And, if the interviewer learns of a child under 2 in the home, the client is referred to Pregnancy Outreach.

In 2024, we financially assisted 418 families; 20 more than in 2023.

By your generosity, we paid \$82,430 toward our client's bills; which was \$1,014 more than in 2023.

The primary need was for assistance with Dominion Energy, over two thirds of our families came for that assistance, and we paid \$58,214.

We also paid the following:  
\$8,502 in Waterworks bills  
\$6,510 in Virginia Natural Gas bills  
\$1,764 to Hampton Roads Sanitation  
\$7,439 towards people's rent

**Thank you for all you do!**

## Liturgy



### **Return Last Year's Palms by Monday, March 3**

Please bring back your palms that were blessed last Palm Sunday and place them in the container found in the Narthex beginning Wednesday, February 19th. They will be burned and the ashes will be used for Ash Wednesday.



## Adoration of the Blessed Sacrament

Every Thursday

9am ~ 6:30pm

Blessed Sacrament Chapel

## Ministerio Hispano

Director - Diácono Francisco Anleu

Oficina - (757) 595-0385 Ext. 123, Email - fanleu@olmc.org

Misas en Español:

Domingos 2:00 PM, Jueves 6:30 PM

Confesiones:

Sábados, 3 PM, Miércoles, 5 PM,  
Jueves 5:30 PM en Español solamente

### **Bautismo Infantil**

Los bautizos de infantes se llevan a cabo el cuarto domingo de cada mes. Los padres deben asistir a una breve clase de bautismo antes de bautizar a su bebé.

Las clases de bautismo se llevan a cabo en el Salón San Miguel de 9:30 a 11:30 horas en las siguientes fechas:

8 de Marzo

Para obtener más información, comuníquese con la señorita **Elizabeth Kassel** en la oficina parroquial,

**757-595-0385** o envíele un correo electrónico a **ekassel@olmc.org**.

ALL WOMEN OF THE PARISH ARE INVITED!

Sign Up Here



the LORD your GOD  
with all your

HEART  
SOUL  
MIND  
STRENGTH

MARK 12:30

Ladies of Carmel  
Annual Retreat

Saint Clare of Assisi  
Retreat Center

620 Buckroe Avenue  
Hampton

March 8, 2025  
9am – 1pm

Lunch Included

\$15/person

Sign Up Here

Intimacy  
with Jesus

<https://saintclaretreatcenter.flocknote.com/signup/197033>

Volunteers needed at PORT Winter Shelter

Feb 27 - 28, 2025

Denbigh United Presbyterian Church

Help is needed with dinner service,  
packing lunch bags and check-out.

If you're available to help contact Kim Taylor at [ktaylor@olmc.org](mailto:ktaylor@olmc.org) or (757)595-0385 ext 118

March 13th - 14th

Warwick Memorial United Methodist Church

Help is needed to assist with  
the check-out process.

**NOW ENROLLING**

FOR THE 2025-2026 SCHOOL YEAR

CONTACT

Kathy McKenna at  
[admissions@olmc-school.com](mailto:admissions@olmc-school.com) for  
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[tedamauch@gmail.com](mailto:tedamauch@gmail.com)

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